



Bathroom Deep Cleaning Checklist

- ☐ clean crown molding of corners of the ceiling
- ☐ dust light fixtures and photos
- ☐ remove and wash shower curtains
- ☐ wipe down shower curtain rod
- ☐ shower door use cleaner, wipe, rinse, and squeegee
- ☐ wash walls start from the top and work down
- ☐ wipe cabinets inside and out
- ☐ clean counter tops
- ☐ thoroughly clean door
- ☐ wipe toilet from tank to bolts and scrub bowl
- ☐ scrub tub or shower
- ☐ clean mirror, light switches, and knobs.
- ☐ Mop and clean baseboards



Kitchen Deep Clean Checklist

- ☐ clean crown molding of corners of the ceiling
- ☐ dust light fixtures and photos
- ☐ remove and wash curtains, clean curtain rod
- ☐ wash walls, start at the top and work down
- ☐ wash cabinet doors and drawer fronts
- ☐ clean the top of the fridge
- ☐ clean counter tops
- ☐ wipe out fridge
- ☐ wash garbage can with soap and hose
- ☐ clean the oven
- ☐ scrub sink
- ☐ sweep and mop
- ☐ clean light switches, and knobs.



Living Room Deep Cleaning Checklist

- ☐ clean crown molding of corners of the ceiling
- ☐ dust light fixtures and photos
- ☐ wash curtains, clean curtain rod and windows
- ☐ remove items from furniture and wet dust furniture
- ☐ wash walls, start at the top and work down
- ☐ dust electronics, includeing cords and the backside of the tv
- ☐ wash or wipe down kick knacks
- ☐ wash sofa pillows and blankets
- ☐ remove cushions and vacuum sofa inside and out
- ☐ fluff sofa cushions after vaccuming
- ☐ vacuum espically under the furniture
- ☐ spot clean carpet stains (steam clean carpet if possible)
- ☐ clean baseboards, light switches, and knobs.



Bedroom Deep Cleaning Checklist

- ☐ clean crown molding of corners of the ceiling
- ☐ dust light fixtures and photos
- ☐ remove and wash curtains, clean curtain rod
- ☐ remove items from furniture and wet dust furniture
- ☐ wash walls, start at the top and work down
- ☐ dust electronics, including cords and backside of the tv
- ☐ wash or wipe down kick knacks
- ☐ Strip bed and wash sheets, pillows, and blankets
- ☐ sprinkle mattress with baking soda and vacuum
- ☐ flip mattress sprinkle with baking soda and vacuum
- ☐ vacuum espically under the furniture
- ☐ spot clean carpet stains (steam clean carpet if possible)
- ☐ clean baseboards, light switches, and knobs.



Closet Deep Cleaning Checklist

- ☐ clean edges and corners of the ceiling
- ☐ dust light fixtures
- ☐ remove clothing and dust/wipe shelving and rods
- ☐ sort clothing by keep, toss, or donate
- ☐ organize the keep pile in the closet and reshelve
- ☐ bag donations and toss trash
- ☐ sprinkle carpet with baking soda and vacuum
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐



Laundry Room Deep Cleaning Checklist

- ☐ clean edges and corners of the ceiling
- ☐ dust light fixtures and photos
- ☐ remove and wash curtains, clean curtain rod
- ☐ remove lint filter and duct and clean
- ☐ wipe down the outside of the washer and dryer
- ☐ run the cleaning cycle on washing machine
- ☐ toss empty detergent and cleaning products
- ☐ sweep and mop floor
- ☐ clean baseboards, light switches, and knobs.
- ☐
- ☐
- ☐
- ☐



Pantry Deep Cleaning Checklist

- ☐ clean edges of corners of the ceiling
- ☐ dust light fixtures
- ☐ remove items from shelves toss expired food
- ☐ wipe down shelves
- ☐ wash any empty food cannisters
- ☐ organize and reshelve food
- ☐ sweep and mop floor
- ☐ clean baseboards, light switches, and knobs.
- ☐
- ☐
- ☐
- ☐
- ☐



Garage Deep Cleaning Checklist

- ☐ clean edges of corners of the ceiling
- ☐ dust light fixtures
- ☐ sort items from shelves by keep, toss, or donate
- ☐ wipe down shelves
- ☐ toss garbage
- ☐ box donation items and set aside
- ☐ organize items by category and reshelve
- ☐ organize tools, toys, and frequently used sporting goods
- ☐ sweep floor
- ☐ clean oil stains
- ☐
- ☐
- ☐